



Dear Parents, Families, Students and Staff,

In Mr White's newsletter two weeks ago, he wrote about empathy being at the heart of the strategy of using our emotional intelligence, which is what we promote here at Holy Family. We are powerful in the way we use empathy to reflect our school values of positive emotion, trust, and support. We are here to support each other, as well as all our learners, in the way our catholic ethos directs us to by supporting those that are most vulnerable in society and this is certainly true for our setting.

As we nurture our empathy we remember the example of our greatest influencer, Jesus. Jesus always put the marginalised in society first. In my current studies we are learning about Catholic social teaching in which Jesus' message is underpinned. The four key principles are human dignity, the common good, subsidiarity and solidarity. These are embedded within our values and pillars here at Holy Family.

This week sees the commencement of the NAPLAN testing for years 3 and 5 classes. Whilst it is not a measure of a students' true worth as a learner, it will be beneficial in providing a snapshot of data that we need to progress our teaching and learning. It provides answers to questions such as where are the gaps in learning and how can we as a staff close these learning gaps? We will always strive to do better in our approach to learning and teaching and this tool assists us in doing so.



At Holy Family we understand that learning comes in many forms and that children use their hundred languages to express what they know and what they want to know. We believe that every child is a competent citizen from birth and comes with a wealth of knowledge that must be nurtured and cultivated by us the teachers, educators, and leaders of Holy Family.

We only have to walk into the amazing pre-school room here at the school and we see the educators and pre-school teachers being directed to the many different tables of provocations by the children themselves that are showing their interests, their passions, their hundred languages.

This week we also held our AGM for school board. We welcomed some new attendees and reflected on the 2023 school year and highlighted the many changes and initiatives we do here at Holy Family. Please refer to the links on the next page to read the reports.

Lastly, just a reminder that yard supervision by teachers and leaders commences at 8:15am so if children need to be brought to school prior to 8:15am they must be booked into OSHC.

NICHOLAS DEPALMA
ACTING PRINCIPAL



HARMONY WEEK

18th to the 22nd of March

School events open to families and friends to attend

Tuesday 19th

Families are invited to a Harmony Day morning tea
in the staff room at 9am

Friday 22nd

2MR and 2NP are presenting a special Harmony Day assembly

Friday Cultural dress

Children are invited to
wear their cultural dress
or orange or school
uniform

Special Canteen Menu

Friday

Butter Chicken or Chickpea
Curry with rice plus an
orange jelly \$6.50

Order via QQR, Office or
Canteen





Annual Report



The 2024 HFCS AGM Report is now available for your information.

Click [here](#) to view the report

QKR update

Dear Qkr Users

The Android Phone issue has now been resolved.

Parents and carers can now download the App from the Google Play Store on all versions of phones.

Apologies for the inconvenience and thank you for your patience.

Regards
The Qkr Team



QKR is the most convenient way to order great tasting healthy food for your children from our Canteen



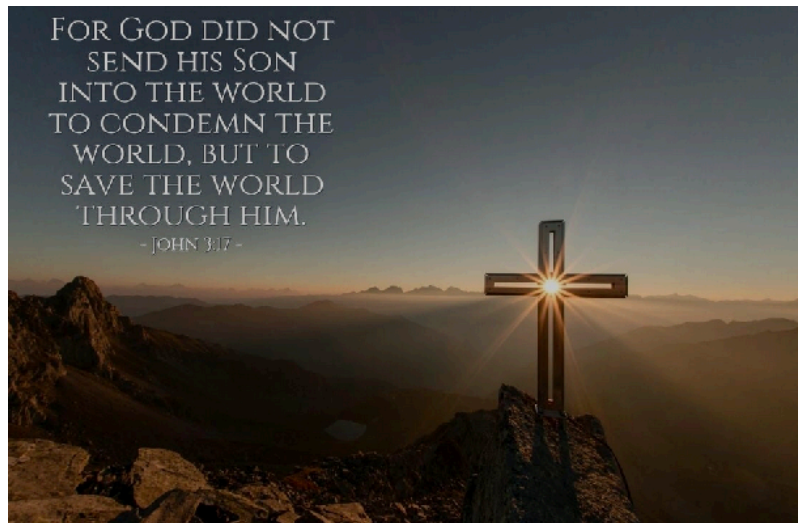


FROM THE APRIM

Dear Parents and Caregivers,

God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life. For God sent his Son into the world not to condemn the world, but so that through him the world might be saved.

John 3:16-17



As we reflect on last Sunday's Gospel, we are reminded that we will become less overwhelmed when we open ourselves to God's love in our lives. Through Jesus, we witness a better way to live, one that does not condemn, but gives life and hope. Even though as humans we make mistakes time and time again, we take comfort in the knowledge of God's unending love and mercy. In our lives, we have glimpses of this love through the special bonds we share with our children and grandchildren. Often, we find that our love for them is so overwhelming that we would do anything for them. Through this experience, we better understand God's merciful love for us all. As we continue our Lenten journey, let us reflect on the times where we have experienced the personal love of Christ in our lives, and how this love has inspired us to share the joy of the Gospel with others.



FROM THE APRIM

Next week is Harmony Week and our school is preparing for a range of rich and engaging activities that help create an awareness and celebration of our country's diverse multiculturalism. The theme this year is "Everyone Belongs" and it highlights the importance of promoting inclusion of all people within our school community. Harmony Day actually originated in Australia in 1999 and was inspired by the International Day for the Elimination of Racial Discrimination declared by the United Nations. The colour orange is used as it symbolises communication, meaningful conversation and mutual respect between all people. At Holy Family Catholic School, we have a Harmony Day competition for students to enter and the winners will be announced at next Friday's Harmony Day assembly, where children are invited to wear their cultural dress, orange clothing or school uniform. There is also an Aboriginal artist who will be working with classes, groups of children visiting the Pines Lakes Community Centre to perform as part of the Vietnamese Intergeneration program, a Harmony Day prayer liturgy and a special canteen menu of Butter Chicken or Chickpea Curry and orange jelly. Families are also invited to share a story, dance or other cultural experience with small groups of children throughout the week. We would love to see as many families as possible at the Harmony Day morning tea in the staff room at 9am on Tuesday.

HARMONY WEEK

**CELEBRATES HOW ALL
OF OUR DIFFERENCES
MAKE AUSTRALIA A
GREAT PLACE TO LIVE!**

[HARMONY.GOV.AU](https://www.harmony.gov.au)

God bless,



Anthony Terminello

APRIM

Assistant Principal | Religious Identity and Mission



Early Years Photos

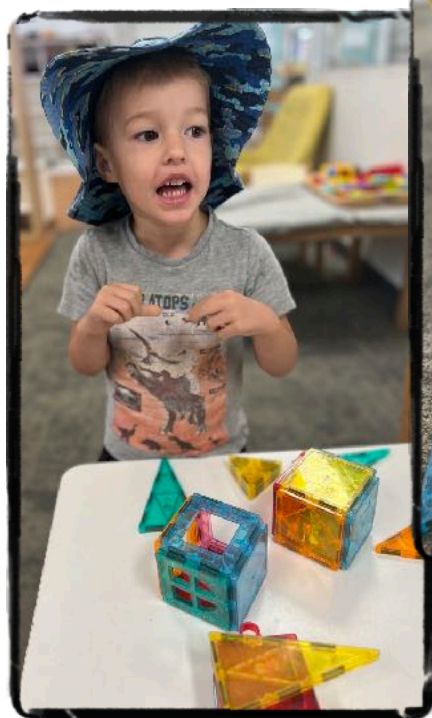
These are some of our youngest students enjoying the tasty butter chicken and rice that our amazing Early Years cook Angela prepared.





Early Years Photos

Learning through play in our Early Years classrooms





Upcoming Dates

Event	Date
SACA School Cup (Cricket)	Friday 22nd March
Good Friday (Public Holiday)	Friday 29th March
Easter Monday (Public Holiday)	Monday 1st April
Parent Teacher Interviews	Tuesday 2nd to Thursday 4th April
SACPSSA Swimming Carnival	Wednesday 3rd April
Sports Day	Wednesday 10th April
<u>Last Day of Term 1</u>	<u>Thursday 11th April</u>
Pupil Free Day	Friday 12th April
First Day of Term 2	Monday 29th April

HFCS Event Calendar Link [Here](#)

STAFF CAR PARK

The inside carpark is for **STAFF** only

This gate is locked at 9am and parking your car in the staff carpark will result with it being locked inside.

GATES

All gates are locked everyday by 9.15am and re-opened after 2.15pm.

During these times you must come through the front office and sign in



Assemblies

Week	Date	Hosting Classes
7	15th March	RLY & RTH
8	22nd March	2NP & 2MR Harmony Day Assembly
9	28th March	Holy Week
10	5th April	House Gathering
11	11th April	Sports Day

Please be aware

HFCS is a Nut Aware School

This means not sending food that contains nuts, such as peanut butter, Nutella, muesli bars etc.

If you are not sure please leave it at home.

PLEASE



**NO PEANUTS
OR
NUT PRODUCTS**



OSHC

[Go directly to the HFCS OSHC Website](#)



What's been happening in OSHC;

Over the last couple of weeks, the children and educators have been exploring the importance of well-being through our school and OSHC (Out of School Hours Care) values and expectations. We asked families to provide insights into their values at home and as part of their families. From this, we learned that positive connections and relationships are important to the families. Therefore, we aim to support these values through the learning environment.

As part of supporting relationships, we have created a pet wall and a favourite memory wall to build a sense of belonging in the centre. The children and educators are so happy to share. We have been exploring what kindness means through activities such as creating kindness cards for the educators, acknowledging International Words Day.

Over the past couple of weeks, the children within our service have been showing great interest in animals within their surrounding environments. We had extended this interest by creating a sensory table. The sensory table included materials such as farm animal pasta, playdough, and plastic farm animals. The children have requested sensory play activities in the afternoon. We have been exploring with different natural materials. The children have been enjoying making and exploring cloud dough and shaving cream, rice creations, and playdough.



Bookings are essential and must be made by via the **Xplor Home App**.

Any **cancellations must be notified 24 hours prior** or costs will be incurred.

All **fees must be paid weekly** an email is sent with the statement each Monday morning



OSHC

[Go directly to the HFCS OSHC Website](#)



Hello, my name is Ellise Maguire, Assistant Director at Holy Family Catholic School OSHC. I am currently in my final year of studying a Bachelor of Primary Education Honours Degree. My passion for learning and teaching young children has been a driving force in my educational journey. I believe in the power of education to shape futures, and I'm committed to being a positive change in the lives of future students.

Looking forward, my aspirations extend beyond the classroom. I find a strong interest in counselling and disabilities, recognising the impact these fields can have on individuals' lives. My goal is to blend these areas of study, advocating for inclusive education and providing support to those facing diverse challenges.



All OSHC children need to have a Sun Smart Hat
Hats can be purchase at the uniform shop.

Vacation care program will be released soon

Book early to avoid disappointment

Bookings must be done a week before to be accepted due to our licence



School Timetable



6.30am - 8.30am.....Before School Care (OSHC)

8.15am Yard supervision begins

8.50am.....School Commences (*Class roll marked*)

9.00am.....Lessons Begin

11.00am.....Recess

11.20am.....Lessons Resume

12.40pmEat Lunch

12.50pmLunch Playtime

1.30pmLessons Resume

3.00pmDismissal

3.00pm - 3.20pmSupervised Kiss & Drop Zone

3.00pm - 6.00pmAfter School Care (OSHC)




School Uniform Information

Uniform Shop Opening Times

Monday and Thursday
8.30am to 9.30am

Wednesday
2.30pm to 3.30pm



In Term 1
the Summer
uniform should
be worn with
a school hat

Remember to
label all
jumpers, hats,
drink bottles etc
so lost property
can be returned
to your child



Female Formal Summer
Short Sleeve HF striped shirt
Black shorts with HF logo
Black HF socks



Male Formal Summer
Short Sleeve HF striped shirt
Black shorts with HF logo
Black HF socks



**Sports Summer
Male and Female**
Striped HF polo shirt
Black Sport shorts with stripe
White HF sports ankle socks

Donations of uniforms that can be used for children who have accidents of any kind would be greatly appreciated.

Please no red jumpers or sports jackets.



School Services

School Bus Bookings (area map next page)

We would like to advise our families of the updates to our bus service bookings for 2024:



- Cost is \$5 per one-way trip;
- Bookings need to be made through the QKR App or via phone call by 12noon the working day prior to use of service;
- Please note that any refunds and credits will be forfeited for any late changes and/or no show;
- Morning bookings will have an SMS with an approximate pick up time sent the day before.

Canteen Orders



- Orders can be made through the QKR App, in person at the office or canteen or via phone call.
- Orders need to be placed by 9am via the QKR App and phone or in person by 10am at the latest to ensure the order can be supplied.
- QKR is the best way to see what food is available for purchase and orders can be placed in advance. Please ensure you select the correct day (the current week is at the top of the screen) when ordering.

QKR App

Lunch orders, uniform orders, camps & carnival payments and permission forms, bus bookings and fee payments can all be done through the QKR App.

Download Qkr!TM today

Click to download Qkr! By Mastercard for [Apple](#) or [Android](#).





School Bus Area





HOLY FAMILY
CATHOLIC SCHOOL

PLAYGROUP

TUESDAY & THURSDAY 9-11AM

FOR CHILDREN 0-4 YEARS

Activities support gross and fine motor skills, creativity, self awareness, community connection and nature play.

For further information, please
contact:
8260 6616 or
playgroup@holyfamily.catholic.edu.au



Made with PosterMyWall.com



Laptop Information

The laptops are a great tool for students learning. Here are a few tips for looking after them:

- No food or drink near the laptop;
- Use and store the laptop in a safe and dry area; (ie not near sinks or wash areas);
- Always have the laptop closed when carrying it;
- Do not run with the laptop;
- Ensure the protective cover is on and not tampered with.

Damage to laptops will incur a \$250 excess payment for repairs



Extra Tips

Personal Items

Personal items, such as toys, electronics or sports equipment, can get damaged or lost at school.

To avoid this please leave personal items at home.

Drink Bottles/Lunch Boxes

For safety reasons, please use plastic bottles and lunch boxes.

Remember to label items so lost items can be returned.



2024

Instrumental Music Program

INSTRUMENTS	30 minute lesson
Violin	✓
Singing	✓
Drums	✓
Piano/Keyboard	✓
Classical Guitar (Must have nylon strings)	✓

[Click here for the online application](#)





THE ECHO

Parish website: <https://salcath.org.au>

PARISH VISION:
A Welcoming Community,
United in Faith,
Centred in
the Eucharist,
Which embraces the Spirit
and Nature of all
God's People

WEEKLY NEWSLETTER OF SALISBURY CATHOLIC PARISH

PARISH CONTACTS:

General Enquiries:

Phone: 8258 2314
Email: enquire@salcath.org.au

Parish Business Manager:

Nicholas Dangcan
Phone: 8258 2314
Email: Confidential Matters:
businessmanager@salcath.org.au

Parish Clergy:

Fr Shibu Jacob MSFs – Parish Priest
Fr James Thomson – (on leave)
Fr Francis Trinh Van Phat (in residence)
(For emergencies after office hours,
please phone 8258 2314, and use the
mobile number provided)

Pastoral Associate

Grace Healey
Phone: 8258 2314
Email: pastoralassociate@salcath.org.au

Parish Sacrament Program:

Louise Svensdotter (Coordinator)
Diane Innes (Pastoral Assistant)
Sacrament Program direct line: 8281 9603
Email: sacraments@salcath.org.au

Coordinator of Pastoral Visitors:

Ellen Arklay
Phone: 0410 747 626

Lyell McEwin Hospital Chaplains:

Phone: 8182 9093 (8am–4pm) and ask for
the Catholic Chaplain

Calvary Central Districts Hospital:

Phone 8282 5395 (9am–5pm) and ask for
the Pastoral Care Worker on duty

Parish Bulletin (The Echo)

Diane Innes
Email: parishbulletin@salcath.org.au

SUNDAY MASS TIMES

St Augustine's Church

23 Commercial Rd Salisbury
Saturday - 6:00pm
Sunday - 9:00am & 7:00pm
Polish Sunday - 12 noon
1st Sunday of Month - 3:00pm (Filipino)
2nd Sunday of Month - 10:30am (Italian)

Holy Family Mass Centre:

Shepherdson Rd Parafield Gardens
Sunday: - 10:30am

St Finbar's Church:

Greencroft Road, Salisbury North
Sunday: - 9:00am

RECONCILIATION

Saturday after 9:30am Mass and
before the 6:00pm Vigil Mass
5:15pm - 5:45pm

17th March 2024
Fifth Sunday of Lent - Year B

OPTIMISM IN LIFE

Learning from St. Joseph & St. Francis de Sales

Dear beloved Parishioners, Friends and Visitors,

In his letter to the Colossians Ch. 3:1-3, St. Paul says: *Set your heart on what pertains to higher realms. Be intent on things above rather than things of earth.* This is an ardent invitation for all of us to continue our lives with a sense of confident optimism. As St. Paul says again: Let us not grow weary of doing good, for things will turn out well in due time. Optimism comes from the Latin root *optimus*, meaning "best." Optimism is the attitude of believing, expecting or hoping for the best. It describes how an optimistic person always looks for the best in any situation and expects good things to happen. This week, we celebrate the feast of St. Joseph, who trusted God and was optimistic about life.

I belong to a missionary religious order with St. Francis de Sales as my patron. Optimism is a major pillar of our Spirituality, and St. Francis de Sales is a beacon of this optimistic spirit. His positive world vision, gentleness, and humaneness made him a saintly stalwart of optimism. St. Francis de Sales believed that God's goodness is everywhere, and it is not the world that spoils us, but we spoil ourselves and the world. Remember his oft-quoted axiom: ***What you are is God's gift to you; what you will be is your gift to God.*** The good nature that God has blessed us with should be sustained. Instead of worrying about our emptiness or mental distress, let us fill our minds with goodness, peace and the fullness of God's love.

My dear friends, with everything that happens to us right now, it wouldn't be an easy job to be an optimist. When you encounter difficulties and struggles as you undertake your life's works, I wish you would neither be desperate nor impatient. Like St. Joseph, let's put our trust in the Lord. I always try to look at life situations in the following manner: You may be surprised that you gradually lose your hair as you grow older. But think of a young cancer patient who loses their entire hair due to radiation or chemotherapy! Should we not be grateful to God for the many blessings we have, knowing that many unpleasant situations could have been worse?

Let us be confident optimists. St. Francis de Sales says: True progress quietly and persistently moves along without notice. God works powerfully and mysteriously. Often, we don't realise the changes He's making in our lives while they're happening, but when we look back, we see how He has led us. But if we despair in the moment, we are making no progress; we might become discouraged and give up. By keeping our focus outward on God and others instead of ourselves, we create space for God to do His work in us, fostering a sense of selflessness and humility. I wish you all a happy feast of St. Joseph.

Wishing that this lent becomes a time of confident optimism for all of us,
With love and prayers,

Fr. Shibu Jacob MSFS

**[Click this link for the full Echo Newsletter from
Salisbury Parish](#)**



DON'T FORGET!



SCHOLASTIC

Book Club

orders are due:

Wednesday Week 9

27th March 2024



We're fundraising with
 Entertainment

Get a **FREE MEMBERSHIP UPGRADE**
and enjoy unbeatable value across
20 cities and regions.

Support us

*T&Cs apply.

BUY
SINGLE CITY
MEMBERSHIP
12 MONTHS
\$69.99
24 MONTHS
\$119.99

GET
UPGRADED
TO MULTI CITY
12 MONTHS
~~\$119.99~~
24 MONTHS
~~\$229.99~~

SAVE
UP TO
\$110*



WE GET
A 20%
DONATION





OLSH

OUR LADY OF THE
SACRED HEART
COLLEGE

OLSH OPEN

SUNDAY 17 MARCH



BOOK NOW



**JUNIOR 4
PREMIERS**



**PRIMARY 5
RUNNERS UP**

COME AND JOIN US!

**Para Hills Wanderers
Netball Club is located at
the corner of Bridge and
Kesters Roads, Para Hills
West. We are a small, but
successful club, and we
look forward to
welcoming you into our
community to begin,
develop or continue your
netball journey.**



**SUB JUNIOR 4
PREMIERS**



**SENIOR B4
RUNNERS UP**

WINTER SEASON VACANCIES

Para Hills



**SUB PRIMARY - Born in 2015, 2016
or 2017 - must be 7 before May 1st**

PRIMARY - Born in 2013 or 2014

SUB JUNIOR - Born in 2011 or 2012

JUNIOR - Born in 2009 or 2010

INTERS - Born in 2007 or 2008

SENIORS - 18yrs+

Registrations of interest close on Friday March 8th

Please register your interest via the Google Form on our
Facebook page or by emailing us at
parahillswanderers@gmail.com



Helpful Hints & Tips pt1

Student Absence Options



Students are expected at school for an 8:50am start. Should your child be absent or late to school for any reason (illness, appointments, family events or holidays) please advise the front office by any of these following methods:

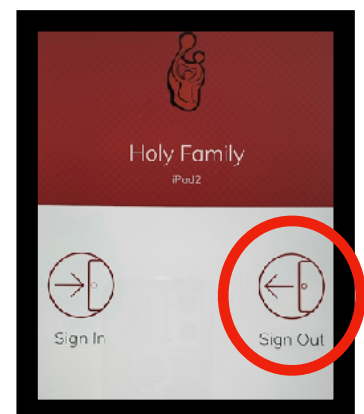
- * Call the front office on 8250 6166
- * Send an email to absent@holyfamily.catholic.edu.au
- * Send a text to 0417 038 063
- * For any absences longer than 2 school days please use this [link](#)



If your child arrives after 8:50am please bring them via the front office to sign them in. Failure to do so will result in an absent SMS being sent.

Early Collection Guidelines

- Advise the front office of your need to collect your child early. This can be done by phone, in person or email to absent@holyfamily.catholic.edu.au
- Upon arrival please sign out the student via the iPad on the front desk and staff will call for your child to come to the front office if not already in Student Services.
- Cancel any OSHC bookings via the Xplor app and bus bookings will be forfeited.
- Defer any lunch orders (if before 10:00am) or have the lunch order collected to take home if canteen have it ready.





Helpful Hints & Tips pt2

End of Day Dismissal Information



School finishes at 3pm



The front entrance gate will be open by 2:30pm for families to enter the school to wait for their children on site. If needing to take your child early please sign them out before going to the classroom.

Carpark Gate 1 is opened as close to 2:30pm as possible. The gate leading to the Kiss and Drop Zone will be opened either at 2:45pm or when the school bus has arrived (whichever comes first).

The side and rear gates will be opened when the teacher on duty arrives just after 3pm.

Please make an OSHC booking if you cannot collect your child/children on time.

Pedestrian Safety

Please use the footpath between the carpark and road when walking your children to the school gates

Use the pedestrian crossings to ensure everyone stays safe.

Pick Up & Drop Off Safety

Use the Kiss & Drop driveway if you cannot get out of your car

This area is supervised and the safest way to drop off or collect your child while you stay in your car.